



Introduction to
Centering Prayer

October 13, 2018

9:30 am - 3:00 pm

Centering Prayer is a method of silent prayer rooted in the Christian contemplative tradition, which opens us to the presence and action of the Holy Spirit.

Presented at

Ruah Center at Villa de Matel
6510 Lawndale
Houston, TX 77023

Workshop Leader

Alan Prater, Commissioned Presenter for Contemplative Outreach, Ltd.

Pre-registration is required!

Call or email Janet Troy at
713-928-6053 or ruah@ccvi-vdm.org
or use *Contact Us* on our website www.ruahcenter.org,

*Attendance is limited—register early!
And as always, please give what you can.*